

YOUR WING SPOT SINCE 1982

It all started when we packed up the Oldsmobile and headed from New York to California. We were the first to bring buffalo wings to the West Coast by opening Epic Wings, formerly known as Wings N' Things, in San Diego, California in 1982. Since chicken wings were unheard of at this time, customers were reluctant to try them so we would stand outside the restaurant with free samples. We knew customers would be hooked once they tasted them and we were right. Today, we are serving up our authentic, award-winning recipes from coast to coast.

What is the Epic difference? We never compromise on the taste and quality of our food by using only the freshest ingredients. Our best-selling tenderloin strips and wings are never frozen, breadsticks are made from scratch daily and our sauces and dips are homemade. You will never find a freezer, heat lamp or microwave at any of our locations so you can trust that you are getting your food made to order every time. It is the tradition of unwavering quality since 1982 that our customers have grown to love and why we have been named best wings time and time again.

-The Sacco Family



YOU'VE NEVER HAD WINGS THIS EPIC!



DOWNLOAD THE EPIC WINGS APP

**SKIP THE LINE AND ORDER YOUR
EPIC FAVORITES FOR PICK-UP**



ORDER.EPICWINGS.COM

COMBO #1



3 PC TENDERLOIN STRIPS & 20oz DRINK

COMBO #2



EPIC FRIES & 20oz DRINK

COMBO #3



5 PC BONE-IN WINGS & 20oz DRINK

COMBO #4



SINGLE PIZZA STICKS & 20oz DRINK

MEALS

Includes oven-fresh breadsticks, veggies & choice of homemade ranch or blue cheese dip.
(430-580 cal/serving)

SINGLE MEAL

Serves 1 (560-720 cal/serving)

TENDERLOIN STRIPS

4 pc

BONELESS WINGS

5 pc

BONE-IN WINGS

6 pc

DOUBLE MEAL

Serves 2 (560-720 cal/serving)

TENDERLOIN STRIPS

8 pc

BONELESS WINGS

10 pc

BONE-IN WINGS

12 pc

FRIES

FRESH-CUT FRIES

200 cal

EPIC FRIES

Serves 2

Fresh-cut fries topped with chicken tossed in your choice of sauce, melted cheese and chipotle ranch.

840-900 cal/serving

PIZZA STICKS

SINGLE DOUBLE

Serves 2 Serves 4

Oven-fresh breadsticks topped with chicken, your choice of sauce and mozzarella cheese.

Baked to perfection and served with house-made ranch or blue cheese dip.

440-500 cal/serving

SALADS

GARDEN SALAD

10-250 cal

EPIC CHICKEN SALAD

Fresh romaine lettuce, green bell peppers, cherry tomatoes, cucumbers, red onion and pepperocinis topped with chicken tossed in your choice of sauce. Served with (1) 4 oz ranch, blue cheese, chipotle ranch or vinaigrette dressing.

420-780 cal

BREAD STICKS

160 cal/ea

INDIVIDUAL HALF DOZEN FULL DOZEN

DRINKS



20 oz Fountain Drink

32 oz Fountain Drink

Bottled Water

SWEETS

CINNABITES

Serves 2

420 cal/serving



PACKS

Includes choice of Tenderloin Strips, Boneless Wings or Bone-In Wings, oven-fresh breadsticks, veggies & choice of homemade ranch or blue cheese dips.

420-780 cal/serving

FAMILY PACK

Serves 4-5

(450-720 cal/serving)

PARTY PACK

Serves 8-10

(450-720 cal/serving)



Party Pack

Menu items subject to availability by location.

SAUCES
cals per 1/2 oz



Mild Buffalo
60 cal



Medium Buffalo
35 cal



Hot Buffalo
0 cal



Extra Hot
0 cal



Atomic Sauce
0 cal



Garlic Parmesan
80 cal



Original B.B.Q.
15 cal



Honey B.B.Q.
25 cal



Lemon Pepper
120 cal



Sweet Chili
40 cal