

YOUR WING SPOT SINCE 1982

In 1982, we packed up the Oldsmobile and headed from New York to San Diego, California. We were the first to bring buffalo wings to the West Coast by opening Wings N' Things, now Epic Wings. Today, we're still serving our authentic, award-winning recipes from coast to coast.

What makes us Epic? We never compromise on the taste and quality of our food by using only the freshest ingredients. Our best-selling tenderloin strips and wings are never frozen. Plus, our breadsticks, sauces & dips are made from scratch daily. You will never find a freezer, heat lamp, or microwave at any of our locations. Your meal is made to order every time.

Our customers have grown to love this tradition of unwavering quality since 1982. Thank you for naming us the best wings time & time again.

-The Sacco Family



YOU'VE NEVER HAD WINGS THIS EPIC!



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SKIP THE LINE AND ORDER YOUR
EPIC FAVORITES FOR PICK-UP



[ORDER.EPICWINGS.COM](https://www.order.epicwings.com)

Menu & availability are subject to change and may vary by location.

COMBOS

COMBO #1



3 PC TENDERLOIN STRIPS
& 20oz DRINK

COMBO #2



EPIC FRIES
& 20oz DRINK

COMBO #3



5 PC BONE-IN WINGS
& 20oz DRINK

COMBO #4



SINGLE PIZZA STICKS
& 20oz DRINK

MEALS

Includes oven-fresh breadsticks, veggies & choice of house-made ranch or blue cheese dip. 430-580 cal/serving

SINGLE MEAL

Serves 1 560-720 cal/serving

TENDERLOIN STRIPS



BONE-IN WINGS



DOUBLE MEAL

Serves 2 560-720 cal/serving



TENDERLOIN STRIPS



BONE-IN WINGS

FRIES

FRESH-CUT FRIES

200 cal

EPIC FRIES

Serves 2

Fries topped with chicken, sauce, cheese & chipotle ranch. 840-900 cal/serving

PIZZA STICKS

SINGLE DOUBLE

Serves 2 Serves 4

Oven-fresh breadsticks topped with chicken, sauce & mozzarella cheese. Served with house-made ranch or blue cheese dip. 440-500 cal/serving

SALADS

GARDEN SALAD

10-250 cal

EPIC CHICKEN SALAD

Fresh romaine salad topped with chicken and tossed in sauce. Choice of dressing. 420-780 cal

OVEN-FRESH BREADSTICKS

160 cal/ea

INDIVIDUAL HALF DOZEN FULL DOZEN

DRINKS

0-444 cal/serving

20oz FOUNTAIN DRINK 32oz FOUNTAIN DRINK BOTTLED WATER

PACKS

Choice of Tenderloin Strips or Bone-In Wings, oven-fresh breadsticks, veggies & choice of house-made ranch or blue cheese dips. 420-780 cal/serving

FAMILY PACK

Serves 4-5 450-720 cal/serving

PARTY PACK

Serves 8-10 450-720 cal/serving



Party Pack

SWEETS

CINNABITES

Serves 2
420 cal/serving

SAUCES

Cals Per 1/2 oz



MILD
BUFFALO
60 cal



MEDIUM
BUFFALO
35 cal



HOT
BUFFALO
0 cal



EXTRA HOT
BUFFALO
0 cal



ATOMIC
SAUCE
0 cal



GARLIC
PARMESAN
80 cal



ORIGINAL
BBQ
15 cal



HONEY
BBQ
25 cal



LEMON
PEPPER
120 cal



SWEET
CHILI
40 cal